

**About Connections with Mary & Ray**

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**ADULT INTAKE FORM**

Today's Date \_\_\_\_\_

Name: \_\_\_\_\_ Licenses and degrees: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Profession [or past profession(s) for full time moms]:

What is your intention for doing private session(s) with Ray & Mary?

Some of the session activities involve physical exertion. Do you have any medical conditions that would contraindicate involvement in any activity? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please explain:

Do you have any area of your body that needs special consideration?

Are you presently taking any medications or drugs?  
(Please list name of medication, and for what condition you are taking it).

Are you presently using any recreational drugs, alcohol, or nicotine?  
(Please list amount per day / week).

What psychological or bodywork training have you had?

What kinds of psychological or bodywork therapy have you experienced and for what period of time?

Are you in therapy or have regular bodywork? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, with whom?  
Does this person have pre- and perinatal facilitation skills? Yes \_\_\_\_\_ No \_\_\_\_\_

List other physicians or health care practitioners you are being treated by.

Please check what you know or think applies to your birth history:

- \_\_\_\_\_ an un-medicated vaginal birth in a hospital
- \_\_\_\_\_ an un-medicated vaginal birth at home
- \_\_\_\_\_ an anesthesia birth
- \_\_\_\_\_ with forceps
- \_\_\_\_\_ with cranial suction
- \_\_\_\_\_ with fetal heart monitor
- \_\_\_\_\_ c-section
- \_\_\_\_\_ breech
- \_\_\_\_\_ a multiple birth
- \_\_\_\_\_ other birth complications, please explain.

Please check what you know or think applies to your prenatal and birth history.

- \_\_\_\_\_ I was premature. How many weeks?
- \_\_\_\_\_ I was in a Neonatal Intensive Care Unit. How long?
- \_\_\_\_\_ I was incubated. How long?
- \_\_\_\_\_ I had a twin that did not live. When in the pregnancy or after did the twin leave?

Where was your father during your birth? \_\_\_\_\_

Were you separated from you mother at birth (sent to a nursery)? Yes \_\_\_\_\_ No \_\_\_\_\_

Were you breast-fed? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how long? \_\_\_\_\_

For men: Were you circumcised as an infant? Yes \_\_\_\_\_ No \_\_\_\_\_

Please note any interventions shortly after birth such as hospitalization for illness or high jaundice, operations, illnesses as an infant or a child.

Did either or both of your parents lose another child to miscarriage, abortion, stillbirth, or childhood death? If yes, are you aware of how this affected you? Give dates and circumstances.

Who raised you? Were your parents your biological parents? Where you raised by a single parent? If your parents split up, how old were you? Did you have other major primary care givers like grandparents, aunt and uncles, guardians or adoptive parents?

Do you or did you have siblings? List relative ages & nature of relationships as children.

Please relate any other information you know concerning your conception, your parents' attitude toward having you (planned, unplanned, wanted, confused, unwanted). If unwanted, did they consider or attempt abortion?

What do you know about your life in the womb including physical effects (maternal or paternal smoking, drinking, drugs, mom's diet), and emotional effects including absence or presence of father during pregnancy or birth, parents' relationship with each other during your pregnancy, siblings' attitude toward your birth. If you are adopted, give information about transition in hospital and new family as well as any birth history known.

Have you ever lost a child to miscarriage, abortion, stillbirth, or death? Yes \_\_\_ No \_\_\_  
If yes, please explain circumstances and dates and how this affects you today.

Have you ever been or are you in an abusive relationship? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please state when, what relation the person was or is to you, whether the abuse was or is physical, sexual, and/or emotional. If a past relationship, what action did you take? If present, what are you doing about it? Please give details.

Have you ever been prescribed medications for mental health reason? Yes \_\_\_ No \_\_\_  
If yes, please describe the circumstances and outcomes with dates.

Have you ever been hospitalized for mental health reasons? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please describe the circumstances and outcomes with dates.

Has anyone in your family ever attempted or committed suicide? Yes \_\_\_\_\_ No \_\_\_\_\_  
Have you ever contemplated or attempted suicide? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes to either, please describe the circumstances with dates.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_